

Pre-K Breakfast



*Pre-K School
Breakfast Menu*
Spring 2025

Breakfast includes:
Choice of 1 Entree,
1-2 Fruits, and 1 Milk

Menu subject to change
due to item availability

Vegetarian options are
available upon request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Mar 31	Apr 1	Apr 2	Apr 3	Apr 4
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> Spring Break RPS Closed 	<ul style="list-style-type: none"> Spring Break RPS Closed 	<ul style="list-style-type: none"> Spring Break RPS Closed 	<ul style="list-style-type: none"> Spring Break RPS Closed 	<ul style="list-style-type: none"> Spring Break RPS Closed
<i>Week 2</i>	Apr 7	Apr 8	Apr 9	Apr 10	Apr 11
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> Cinnamon Toast Crunch Cereal Bowl Mandarin Oranges Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Muffin Fresh Fruit Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Country Steak Biscuit Applesauce Cup Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Banana Bread Slice Fresh Fruit Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Mini Pancakes Mixed Fruit Unflavored Low-fat Milk
<i>Week 3</i>	Apr 14	Apr 15	Apr 16	Apr 17	Apr 18
Entree Fruit (Choose 1-2) Milk (Choose 1)	<ul style="list-style-type: none"> Cheerios Cereal Bowl Chilled Peaches Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Muffin Fresh Fruit Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Turkey Sausage Eng. Muffin Chilled Pears Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Chicken Biscuit Fresh Fruit Unflavored Low-fat Milk 	<ul style="list-style-type: none"> Mini Creamy Cheese Bagels Chilled Pineapple Unflavored Low-fat Milk

Alternative Entree Options

Nutrition Bites

April's *Nutrition Bites*: Lettuce is the Virginia harvest of the month! This crunchy green is full of water, fiber, and vitamin K to help keep you hydrated and support healthy bones. Toss it into salads, wraps, or sandwiches at home for a fresh and healthy boost!